Below is an image of a doll. **This doll represents YOU.** Please take a moment to look at the doll and imagine it as yourself.

In a few moments, you will get to choose how many sharp pins you would like to stab into this doll that represents you, from 0 pins all the way to a maximum of 51 pins.
Here is the doll that represents you with the maximum of 51 pins stabbed into it.
Now, indicate the number of pins you wish to stab into the doll that represents you.

Are you sure this is the number of pins you want to stab into the doll that represents you?
Perceived Suffering Scale (PSS)

The pins that I stabbed into the doll that represented me……

1 (Strongly Disagree) to 7 (Strongly Agree)

1. Really hurt me.
2. Were painful to me.
3. Caused me to feel real pain.
4. Pained me.
5. Inflicted actual damage to me.
6. Inflicted a real wound in me.
7. Made me feel pain.
8. Caused me to suffer.