

Appendix

Aggression Expectancy Questionnaire and Scoring Instructions

AGGRESSION EXPECTANCY QUESTIONNAIRE

People often behave in certain ways because they expect a certain consequence to occur. For example, you may eat a snack because you expect the consequence will be that you feel less hungry afterwards. Below is a series of statements that describe **possible consequences of being aggressive**. Please respond on a 1-5 scale to indicate how likely you think each consequence is for you.

1 = Very unlikely (i.e., It is very unlikely that this will happen if I behave aggressively).

2 = Somewhat unlikely

3 = Neither likely or unlikely

4 = Somewhat likely

5 = Very likely (i.e., It is very likely that this will happen if I behave aggressively).

If I am aggressive towards other people, then I expect that...

1. Later on, I will be happy that I did so.
2. I will be doing it because it's the right thing to do.
3. I will feel that I acted in the name of justice.
4. It will feel good.
5. I will appear more dominant to others.
6. Others will learn not to mess with me.
7. Others will see what I'm capable of doing.
8. They will be afraid of me in the future.

If I am aggressive towards other people, then I expect that...

9. I will get into trouble.
10. I will be vulnerable to retaliation.
11. I will get hurt.
12. I will have to watch my back in the future.
13. It will cause the other person pain.
14. I may seriously hurt the other person.
15. I will harm the other person's reputation.
16. I will negatively affect their quality of life.

Scoring Information:

Positive Intrapersonal = (AEQ1 + AEQ2 + AEQ3 + AEQ4)/4

Positive Interpersonal = (AEQ5 + AEQ6 + AEQ7 + AEQ8)/4

Harm to Self = (AEQ9 + AEQ10 + AEQ11 + AEQ12)/4

Harm to Victim = (AEQ13 + AEQ14 + AEQ15 + AEQ16)/4